



Navy vs VCU (09/4/2025 at Richmond, Va.,)

| Navy (5-2-0) | | | | | | | | 1 |
|-----------------|----|-----------------------|----|----|---|---|----|-----|
| Po | # | Player | Sh | SO | G | A | Fo | Min |
| d | 5 | Townsend, Jordan | 0 | 0 | 0 | 0 | 0 | 85 |
| d | 21 | Bonner, Helen | 0 | 0 | 0 | 0 | 3 | 90 |
| d | 25 | Gaines, Lucy | 0 | 0 | 0 | 0 | 0 | 62 |
| f | 7 | Adlam, Kayana | 1 | 1 | 0 | 0 | 1 | 61 |
| f | 9 | Mulholland, Hannah | 0 | 0 | 0 | 0 | 2 | 58 |
| f | 10 | Heaven, Marlee | 1 | 0 | 0 | 0 | 2 | 65 |
| f | 20 | Cosenza, Chiara | 1 | 1 | 0 | 0 | 2 | 60 |
| gk | 0 | Stramrood, Natasha | 0 | 0 | 0 | 0 | 0 | 90 |
| m | 8 | Morrow, Mackenzie | 0 | 0 | 0 | 0 | 0 | 68 |
| m | 13 | Swan, Ande | 0 | 0 | 0 | 0 | 1 | 90 |
| m | 14 | Black, Jessica | 2 | 2 | 1 | 0 | 0 | 83 |
| --Substitutes-- | | | | | | | | |
| f | 2 | Gonzales, Sona | 1 | 0 | 0 | 0 | 1 | 25 |
| d | 3 | Toms, Lauren | 0 | 0 | 0 | 0 | 0 | 9 |
| d | 4 | Sidorsky, Emmalea | 0 | 0 | 0 | 0 | 0 | 11 |
| d | 6 | Barrow, Ali | 0 | 0 | 0 | 0 | 0 | 39 |
| | 11 | Katsari-Hoefer, Katia | 0 | 0 | 0 | 0 | 0 | 4 |
| f | 12 | Abusham, Mimi | 1 | 0 | 0 | 0 | 0 | 27 |
| d | 16 | Williams, ClaraJane | 0 | 0 | 0 | 0 | 0 | 5 |
| f | 17 | Romano, Isabella | 1 | 0 | 0 | 0 | 1 | 26 |
| f | 23 | Whitworth, Madison | 0 | 0 | 0 | 0 | 0 | 7 |
| m | 24 | Emerson, Lizzie | 1 | 1 | 0 | 0 | 0 | 22 |
| f | 26 | Clay, Emily | 0 | 0 | 0 | 0 | 0 | 3 |
| Totals | | | 9 | 5 | 1 | 0 | 13 | |

| VCU (1-2-2) | | | | | | | | 2 |
|-----------------|----|--------------------|----|----|---|---|----|-----|
| Po | # | Player | Sh | SO | G | A | Fo | Min |
| | 9 | Lawrence, Brianna | 0 | 0 | 0 | 0 | 2 | 90 |
| | 13 | Franklin, Isabelle | 0 | 0 | 0 | 1 | 1 | 52 |
| | 25 | Scialdone, Tatum | 2 | 1 | 0 | 0 | 0 | 90 |
| d | 8 | Pustover, Ava | 0 | 0 | 0 | 0 | 1 | 90 |
| d | 11 | Marwah, Ishpreen | 0 | 0 | 0 | 0 | 0 | 36 |
| d | 33 | Castro, Stella | 2 | 0 | 0 | 0 | 0 | 90 |
| f | 7 | Lins, Jensyn | 1 | 0 | 0 | 0 | 0 | 72 |
| f | 12 | Sarver, Kendyl | 1 | 1 | 1 | 1 | 1 | 72 |
| gk | 0 | Pongratz, Mia | 0 | 0 | 0 | 0 | 0 | 90 |
| m | 10 | Nguyen, Y-Van | 3 | 1 | 0 | 0 | 0 | 90 |
| m | 22 | Vendt, Vivian | 0 | 0 | 0 | 0 | 0 | 56 |
| --Substitutes-- | | | | | | | | |
| m | 2 | McCloskey, Keira | 0 | 0 | 0 | 0 | 0 | 50 |
| | 5 | Gotshall, Jessica | 2 | 0 | 0 | 0 | 0 | 18 |
| f | 14 | Jackson, Jazmin | 1 | 1 | 1 | 0 | 0 | 7 |
| d | 20 | Hall, Jordyn | 0 | 0 | 0 | 0 | 0 | 54 |
| m | 29 | Connolly, Keira | 2 | 0 | 0 | 0 | 0 | 34 |
| Totals | | | 14 | 4 | 2 | 2 | 5 | |

| # | Goalkeepers | Min | GA | Saves |
|---|--------------------|-------|----|-------|
| 0 | Stramrood, Natasha | 90:00 | 2 | 5 |

| Goals by period | 1 | 2 | Total |
|-----------------|---|---|-------|
| Navy | 0 | 1 | 1 |
| VCU | 0 | 2 | 2 |

| Saves by period | 1 | 2 | Total |
|-----------------|---|---|-------|
| Navy | 1 | 4 | 5 |
| VCU | 2 | 2 | 4 |

| Fouls | 1 | 2 | Total |
|-------|---|---|-------|
| Navy | 5 | 8 | 13 |
| VCU | 1 | 4 | 5 |

| # | Goalkeepers | Min | GA | Saves |
|---|---------------|-------|----|-------|
| 0 | Pongratz, Mia | 90:00 | 1 | 4 |

| Shots by period | 1 | 2 | Total |
|-----------------|---|----|-------|
| Navy | 4 | 5 | 9 |
| VCU | 3 | 11 | 14 |

| Corner kicks | 1 | 2 | Total |
|--------------|---|---|-------|
| Navy | 4 | 1 | 5 |
| VCU | 1 | 2 | 3 |

Scoring summary:

| No. | Time | Team | Goal scorer | Assist | Description |
|-----|-------|------|-----------------|------------------------------------|--|
| 1 | 50:18 | NAV | Black, Jessica | unassisted | Scored at the bottom center of goal off left foot |
| 2 | 60:27 | VCU | Sarver, Kendyl | unassisted | Scored at the bottom center of goal off right foot |
| 3 | 84:14 | VCU | Jackson, Jazmin | Sarver, Kendyl; Franklin, Isabelle | Scored at the bottom right of goal off right foot |

Cautions and ejections:

Win- (). Loss- ().
Attendance: 104
Stadium: ,VCU's SportsBackers Stadium (Richmond, Va.,)
Officials: Referee: David Elliott; AssistantReferee1: Dilok Boonmema; AssistantReferee2: George Vergara;
Offsides: Navy 6, VCU 1

Navy at VCU Play-by-Play Summary (Period 1)



Navy vs VCU (09/4/2025 at Richmond, Va.,)

| Time | Play |
|-------|---|
| 00:00 | Stramrood,Natasha at goalie for Navy. |
| 00:00 | Pongratz,Mia at goalie for VCU. |
| 0:09 | Throw in by VCU [0:09]. |
| 0:19 | Throw in by VCU [0:19]. |
| 0:33 | Throw in by VCU [0:33]. |
| 0:48 | Throw in by VCU [0:48]. |
| 0:56 | Throw in by Navy [0:56]. |
| 1:12 | Goal kick by VCU Pongratz,Mia. |
| 1:35 | Throw in by VCU [1:35]. |
| 3:15 | Throw in by Navy [3:15]. |
| 3:29 | Throw in by Navy [3:29]. |
| 3:41 | Goal kick by VCU Pongratz,Mia. |
| 4:52 | Throw in by VCU [4:52]. |
| 5:16 | Throw in by VCU [5:16]. |
| 5:31 | Foul on Navy Mulholland,Hannah; free kick awarded to VCU Sarver,Kendyl. |
| 7:12 | Throw in by Navy [7:12]. |
| 8:32 | Shot by Navy Black,Jessica, bottom center of net, save by Pongratz,Mia. |
| 8:50 | Shot by Navy Adlam,Kayana, bottom center of net, save by Pongratz,Mia. |
| 9:28 | Throw in by VCU [9:28]. |
| 9:56 | Throw in by VCU [9:56]. |
| 10:20 | Foul on Navy Adlam,Kayana; free kick awarded to VCU Castro,Stella. |
| 10:59 | Throw in by VCU [10:59]. |
| 11:54 | Throw in by Navy [11:54]. |
| 12:21 | Throw in by VCU [12:21]. |
| 12:46 | Goal kick by VCU Pongratz,Mia. |
| 13:21 | Throw in by VCU [13:21]. |
| 14:08 | Shot by Navy Heaven,Marlee, off target. |
| 14:17 | Goal kick by VCU Pongratz,Mia. |
| 14:42 | Throw in by Navy [14:42]. |
| 14:57 | Corner kick by Navy [14:57]. |
| 15:32 | Goal kick by VCU Pongratz,Mia. |
| 16:15 | Throw in by VCU [16:15]. |
| 17:00 | Throw in by Navy [17:00]. |
| 17:43 | Throw in by VCU [17:43]. |
| 18:32 | Foul on VCU Lawrence,Brianna; free kick awarded to Navy Adlam,Kayana. |
| 19:10 | Throw in by Navy [19:10]. |
| 19:46 | Throw in by Navy [19:46]. |
| 20:18 | Throw in by Navy [20:18]. |
| 20:45 | Throw in by VCU [20:45]. |
| 21:24 | Throw in by Navy [21:24]. |
| 22:34 | Offside against Navy. |
| 23:25 | Throw in by Navy [23:25]. |
| 23:34 | Goal kick by VCU Pongratz,Mia. |
| 24:21 | Goal kick by Navy Stramrood,Natasha. |
| 24:53 | Goal kick by VCU Pongratz,Mia. |
| 25:21 | Shot by VCU Lins,Jensyn, blocked. |
| 25:31 | Corner kick by VCU [25:31]. |
| 26:02 | Shot by VCU Castro,Stella, off target. |
| 26:18 | Goal kick by Navy Stramrood,Natasha. |
| 26:43 | Foul on Navy Bonner,Helen; free kick awarded to VCU Lawrence,Brianna. |
| 27:28 | Throw in by Navy [27:28]. |
| 27:52 | Navy substitution: Gonzales,Sona for Heaven,Marlee. |
| 27:56 | Throw in by VCU [27:56]. |
| 28:25 | Corner kick by Navy [28:25]. |
| 28:42 | Navy substitution: Abusham,Mimi for Cosenza,Chiara. |
| 29:17 | Shot by Navy Gonzales,Sona, blocked. |
| 29:33 | Corner kick by Navy [29:33]. |
| 29:46 | Navy substitution: Romano,Isabella for Adlam,Kayana. |
| 29:55 | Corner kick by Navy [29:55]. |
| 31:07 | Throw in by Navy [31:07]. |
| 31:30 | Throw in by Navy [31:30]. |
| 31:52 | Foul on Navy Romano,Isabella; free kick awarded to VCU Nguyen,Y-Van. |
| 32:34 | Throw in by Navy [32:34]. |
| 32:44 | Navy substitution: Barrow,Ali for Gaines,Lucy. |
| 33:01 | Throw in by Navy [33:01]. |
| 33:26 | VCU substitution: McCloskey,Keira for Franklin,Isabelle. |
| 33:26 | Navy substitution: Emerson,Lizzie for Morrow,Mackenzie. |
| 33:34 | Throw in by Navy [33:34]. |

| Time | Play |
|-------|--|
| 33:44 | Navy substitution: Sidorsky,Emmalea for Mulholland,Hannah. |
| 35:33 | Throw in by VCU [35:33]. |
| 35:42 | VCU substitution: Hall,Jordyn for Marwah,Ishpreen. |
| 36:31 | Throw in by Navy [36:31]. |
| 37:11 | Foul on Navy Gonzales,Sona; free kick awarded to VCU Vendt,Vivian. |
| 39:00 | Shot by VCU Scialdone,Tatum, top center of net, save by Stramrood,Natasha. |
| 39:24 | Goal kick by VCU Pongratz,Mia. |
| 39:36 | Navy substitution: Williams,ClaraJane for Townsend,Jordan. |
| 41:03 | Goal kick by VCU Pongratz,Mia. |
| 41:13 | Navy substitution: Katsari-Hoefer,Katia for Black,Jessica. |
| 42:36 | Offside against Navy. |
| 44:52 | Throw in by VCU [44:52]. |
| 45:00 | End of period [45:00]. |

Navy at VCU Play-by-Play Summary (Period 2)



Navy vs VCU (09/4/2025 at Richmond, Va.,)

| Time | Play |
|-------|---|
| 45:00 | VCU substitution: Connolly,Keira for Vendt,Vivian. |
| 45:00 | Navy substitution: Heaven,Marlee for Williams,ClaraJane. |
| 45:00 | Navy substitution: Townsend,Jordan for Romano,Isabella. |
| 45:00 | Navy substitution: Adlam,Kayana for Emerson,Lizzie. |
| 45:00 | Navy substitution: Cosenza,Chiara for Sidorsky,Emmalea. |
| 45:00 | Navy substitution: Mulholland,Hannah for Gonzales,Sona. |
| 45:00 | Navy substitution: Morrow,Mackenzie for Katsari-Hoefer,Katia. |
| 45:00 | Navy substitution: Gaines,Lucy for Abusham,Mimi. |
| 45:00 | Navy substitution: Black,Jessica for Barrow,Ali. |
| 45:00 | Start of 2nd period [45:00]. |
| 45:00 | FOR Navy: Stramrood,Natasha (GK),Townsend,Jordan,Adlam,Kayana,Morrow,Mackenzie,Mulholland,Hannah,Heaven,Marlee,Swan,Ande,Black,Jessica,Cosenza,Chiara,Bonner,Helen,Gaines,Lucy |
| 45:00 | FOR VCU: Pongratz,Mia (GK),McCloskey,Keira,Lins,Jensyn,Pustover,Ava,Lawrence,Brianna,Nguyen,Y-Van,Sarver,Kendyl,Hall,Jordyn,Scialdone,Tatum,Connolly,Keira,Castro,Stella |
| 45:10 | Throw in by VCU [45:10]. |
| 45:35 | Throw in by Navy [45:35]. |
| 45:39 | Throw in by Navy [45:39]. |
| 45:53 | Goal kick by VCU Pongratz,Mia. |
| 47:03 | Goal kick by Navy Stramrood,Natasha. |
| 48:13 | Foul on Navy Bonner,Helen; free kick awarded to VCU Hall,Jordyn. |
| 48:46 | Throw in by VCU [48:46]. |
| 48:51 | Shot by VCU Nguyen,Y-Van, blocked. |
| 49:13 | Shot by VCU Scialdone,Tatum, blocked. |
| 49:32 | Corner kick by VCU [49:32]. |
| 49:32 | Shot by VCU Castro,Stella, off target, save by Stramrood,Natasha. |
| 49:39 | Goal kick by Navy Stramrood,Natasha. |
| 50:00 | Foul on Navy Swan,Ande; free kick awarded to VCU Lins,Jensyn. |
| 50:18 | GOAL scored by Navy Black,Jessica, bottom center of goal off left foot. |
| 50:42 | Offside against VCU. |
| 51:36 | Offside against Navy. |
| 53:05 | Throw in by Navy [53:05]. |
| 53:45 | Goal kick by VCU Pongratz,Mia. |
| 53:55 | Throw in by Navy [53:55]. |
| 54:08 | Foul on Navy Heaven,Marlee; free kick awarded to VCU Lawrence,Brianna. |
| 55:09 | Foul on VCU Lawrence,Brianna; free kick awarded to Navy Black,Jessica. |
| 56:37 | Foul on Navy Cosenza,Chiara; free kick awarded to VCU Nguyen,Y-Van. |
| 56:54 | Throw in by VCU [56:54]. |
| 57:31 | Shot by VCU Nguyen,Y-Van, blocked. |
| 57:59 | Shot by Navy Cosenza,Chiara, bottom right of net, save by Pongratz,Mia. |
| 58:54 | Throw in by VCU [58:54]. |
| 59:40 | Foul on Navy Cosenza,Chiara; free kick awarded to VCU Hall,Jordyn. |
| 60:07 | Foul on Navy Mulholland,Hannah; free kick awarded to VCU Sarver,Kendyl. |
| 60:27 | Shot by VCU Connolly,Keira, off target, save by Stramrood,Natasha. |
| 60:27 | GOAL scored by VCU Sarver,Kendyl, bottom center of goal off right foot. |
| 60:35 | Navy substitution: Gonzales,Sona for Adlam,Kayana. |
| 61:35 | Throw in by VCU [61:35]. |
| 62:35 | Shot by VCU Nguyen,Y-Van, bottom right of net, save by Stramrood,Natasha. |
| 63:10 | Corner kick by Navy [63:10]. |
| 63:23 | Navy substitution: Barrow,Ali for Gaines,Lucy. |
| 64:00 | Offside against Navy. |
| 65:01 | Throw in by VCU [65:01]. |
| 65:16 | VCU substitution: Gotshall,Jessica for Sarver,Kendyl. |
| 65:16 | Navy substitution: Abusham,Mimi for Cosenza,Chiara. |
| 67:19 | Throw in by VCU [67:19]. |
| 67:42 | Shot by VCU Gotshall,Jessica, off target. |
| 68:07 | Navy substitution: Emerson,Lizzie for Gonzales,Sona. |
| 68:07 | Navy substitution: Whitworth,Madison for Morrow,Mackenzie. |
| 68:22 | Goal kick by Navy Stramrood,Natasha. |
| 68:36 | Shot by Navy Emerson,Lizzie, bottom left of net, save by Pongratz,Mia. |
| 69:41 | Navy substitution: Toms,Lauren for Mulholland,Hannah. |
| 71:07 | Shot by Navy Abusham,Mimi, off target. |
| 71:16 | Goal kick by VCU Pongratz,Mia. |
| 71:30 | VCU substitution: Franklin,Isabelle for Lins,Jensyn. |
| 72:43 | Throw in by Navy [72:43]. |
| 73:02 | Navy substitution: Romano,Isabella for Heaven,Marlee. |
| 73:29 | Shot by VCU Gotshall,Jessica, off target. |
| 73:47 | Goal kick by Navy Stramrood,Natasha. |
| 74:37 | Goal kick by Navy Stramrood,Natasha. |

| Time | Play |
|-------|--|
| 74:50 | Navy substitution: Adlam,Kayana for Whitworth,Madison. |
| 75:29 | Throw in by VCU [75:29]. |
| 75:43 | Throw in by Navy [75:43]. |
| 75:46 | Navy substitution: Clay,Emily for Abusham,Mimi. |
| 76:08 | Throw in by Navy [76:08]. |
| 77:56 | Corner kick by VCU [77:56]. |
| 78:48 | Shot by VCU Connolly,Keira, off target, save by Stramrood,Natasha. |
| 78:48 | VCU substitution: Vendt,Vivian for Connolly,Keira. |
| 78:48 | Navy substitution: Gaines,Lucy for Emerson,Lizzie. |
| 78:48 | Navy substitution: Morrow,Mackenzie for Clay,Emily. |
| 78:48 | Navy substitution: Cosenza,Chiara for Toms,Lauren. |
| 79:17 | Throw in by Navy [79:17]. |
| 79:34 | Offside against Navy. |
| 81:05 | Throw in by Navy [81:05]. |
| 81:09 | Navy substitution: Heaven,Marlee for Black,Jessica. |
| 81:19 | Shot by Navy Romano,Isabella, off target. |
| 81:29 | Goal kick by VCU Pongratz,Mia. |
| 82:14 | Foul on VCU Franklin,Isabelle; free kick awarded to Navy Townsend,Jordan. |
| 83:17 | Goal kick by VCU Pongratz,Mia. |
| 83:21 | VCU substitution: Sarver,Kendyl for Gotshall,Jessica. |
| 83:21 | VCU substitution: Jackson,Jazmin for McCloskey,Keira. |
| 83:48 | Offside against Navy. |
| 84:14 | GOAL scored by VCU Jackson,Jazmin, bottom right of goal off right foot; Assist by Sarver,Kendyl and Franklin,Isabelle. |
| 84:14 | Navy substitution: Black,Jessica for Romano,Isabella. |
| 84:26 | Throw in by VCU [84:26]. |
| 85:30 | Throw in by VCU [85:30]. |
| 85:57 | Throw in by Navy [85:57]. |
| 86:19 | Foul on Navy Bonner,Helen; free kick awarded to VCU Sarver,Kendyl. |
| 86:48 | Foul on VCU Sarver,Kendyl; free kick awarded to Navy Bonner,Helen. |
| 87:17 | Foul on VCU Pustover,Ava; free kick awarded to Navy Heaven,Marlee. |
| 87:55 | Throw in by Navy [87:55]. |
| 88:11 | Throw in by Navy [88:11]. |
| 88:55 | Throw in by Navy [88:55]. |
| 89:23 | Foul on Navy Heaven,Marlee; free kick awarded to VCU Sarver,Kendyl. |
| 90:00 | End of period [90:00]. |