

FINAL SCORE

Sacred Heart

4

1-7



Hofstra

11

6-3



March 23, 2019 • Hempstead, New York

FINAL STATISTICS

Official Lacrosse Box Score (Final)



Sacred Heart vs Hofstra (3/23/2019 at Hempstead, New York)

Sacred Heart (1-7) vs. Hofstra (6-3)

Date: 3/23/2019
Attendance: 241

Score by period	1	2	Total
Sacred Heart	2	2	4
Hofstra	6	5	11

Sacred Heart Scoring:

GOALS: Cesario, Cassie 1; Werlau, Lydia 3;

ASSISTS: Cesario, Cassie 1;

Hofstra Scoring:

GOALS: Parrella, Alyssa 7; Whelan, Katie 2; Mattera, Alexa 2;

ASSISTS: Langelia, Grace 1;

Shots by period	1	2	Total
Sacred Heart	8	8	16
Hofstra	16	16	32

Ground balls by per	1	2	Total
Sacred Heart	2	5	7
Hofstra	10	11	21

Draw controls/prd	1	2	Total
Sacred Heart	2	2	4
Hofstra	7	6	13

Saves by period	1	2	Total
Sacred Heart	5	6	11
Hofstra	3	5	8

Fouls by per	1	2	Total
Sacred Heart	3	5	8
Hofstra	6	4	10

Turnovers by per	1	2	Total
Sacred Heart	10	10	20
Hofstra	10	7	17

Clears by period	1	2	Total
Sacred Heart	10-13	10-14	20-27
Hofstra	11-13	12-15	23-28

Free-position shots	1	2	Total
Sacred Heart	0-0	0-2	0-2
Hofstra	1-2	2-3	3-5

Win - Smith, Jess (6-3). Loss - Hecht, Shana (1-7).

Stadium: James M. Shuart (Hempstead, New York)

Officials: Ericka Leslie; Marcy Latino; Kim Fraemer; Parisi / Gorchov;

Official Lacrosse Box Score (Final)



Sacred Heart vs Hofstra (3/23/2019 at Hempstead, New York)

Sacred Heart (1-7)

Pos	#	Player	G	A	Pts	Sh	SOG	GB	DC	FPS	TO	CT	Fo
d	14	Hannon, Casey	0	0	0	0	0	2	0	0	0	0	0
d	18	McElhenny, Claire	0	0	0	0	0	0	0	0	1	2	0
d	19	Small, Elizabeth	0	0	0	0	0	1	0	0	0	0	0
a	22	Werlau, Lydia	3	0	3	8	6	1	0	1	2	1	0
d	27	Mittleman, Olivia	0	0	0	0	0	0	0	0	0	0	0
g	29	Hecht, Shana	0	0	0	0	0	2	0	0	2	0	0
a	3	Wise, Hanna	0	0	0	3	1	0	0	1	2	0	0
a	30	Ericson, Sydney	0	0	0	1	1	0	1	0	0	0	0
m	31	Sweeney, Taylor	0	0	0	0	0	1	1	0	1	0	0
a	5	Speicher, Carrie	0	0	0	1	1	0	0	0	1	0	0
m	6	Cesario, Cassie	1	1	2	1	1	0	0	0	1	0	0
m	7	Holder, Nicole	0	0	0	1	1	0	0	0	2	0	0
--Substitutes--													
	1	Millard, Olivia	0	0	0	0	0	0	0	0	1	0	0
	2	Metzler, Kerri	0	0	0	0	0	0	0	0	1	0	0
	8	Reinold, Grace	0	0	0	0	0	0	0	0	0	0	0
	9	Mesham, Anna	0	0	0	0	0	0	0	0	0	0	0
	10	Perretta, Kelsey	0	0	0	0	0	0	0	0	0	0	0
	12	Yesko, Blair	0	0	0	0	0	0	0	0	0	0	0
	16	Heady, Danielle	0	0	0	0	0	0	1	0	0	0	0
	20	Daley, Mariah	0	0	0	0	0	0	0	0	1	0	0
	21	Finn, Anna	0	0	0	0	0	0	1	0	1	0	0
	23	Wax, Caroline	0	0	0	1	1	0	0	0	3	0	0
TM		TEAM	0	0	0	0	0	0	0	0	1	0	8
Totals			4	1	5	16	12	7	4	2	20	3	8

#	Goalkeepers	Min	GA	W/L	1,2	Saves
29	Hecht, Shana (1-7)	60:00	11	L	5,6	11

Official Lacrosse Box Score (Final)



Sacred Heart vs Hofstra (3/23/2019 at Hempstead, New York)

Hofstra (6-3)

Pos	#	Player	G	A	Pts	Sh	SOG	GB	DC	FPS	TO	CT	Fo
a	10	Gatti, Jackie	0	0	0	0	0	2	0	0	0	1	0
d	13	Tierney, Erin	0	0	0	0	0	2	0	0	0	1	0
a	19	Esposito, Arianna	0	0	0	3	2	1	0	0	1	0	0
a	20	Whelan, Katie	2	0	2	4	3	0	0	0	3	0	0
m	23	Mattera, Alexa	2	0	2	7	5	5	1	1	0	3	0
d	25	Smith, Darcie	0	0	0	0	0	4	12	0	0	3	0
m	28	Kaufmann, Anna	0	0	0	0	0	2	0	0	1	0	0
g	3	Smith, Jess	0	0	0	0	0	1	0	0	1	0	0
d	32	Boyle, Shannon	0	0	0	1	0	1	0	0	1	2	0
m	5	DeAngelo, Alyssa	0	0	0	0	0	1	0	0	0	0	0
a	6	Demek, Erin	0	0	0	2	2	0	0	0	0	0	0
m	7	Parrella, Alyssa	7	0	7	13	9	1	0	4	5	2	0
--Substitutes--													
	4	Johnstone, Madison	0	0	0	0	0	0	0	0	0	0	0
	9	Gerety, Mary Kate	0	0	0	0	0	1	0	0	1	0	0
	11	Sinatro, Tessa	0	0	0	0	0	0	0	0	0	0	0
	15	Faith, Camryn	0	0	0	1	0	0	0	0	0	0	0
	16	Guerra, Amanda	0	0	0	0	0	0	0	0	0	0	0
	21	Budd, Jenna	0	0	0	0	0	0	0	0	0	0	0
	26	Shanahan, Kaitlyn	0	0	0	0	0	0	0	0	0	0	0
	29	Langella, Grace	0	1	1	1	1	0	0	0	1	0	0
	44	Guarascio, Sara	0	0	0	0	0	0	0	0	0	0	0
	TM	TEAM	0	0	0	0	0	0	0	0	3	0	10
Totals			11	1	12	32	22	21	13	5	17	12	10

#	Goalkeepers	Min	GA	W/L	1,2	Saves
3	Smith, Jess (6-3)	48:10	2	W	3,5	8
44	Guarascio, Sara	11:50	2		0,0	0

Official Lacrosse Box Score (Final)



Sacred Heart vs Hofstra (3/23/2019 at Hempstead, New York)

Scoring Summary:

No.	Prd	Time	Team	Goal Scorer	Assist	Home-Vis
1	1	27:48	SHUW	Werlau, Lydia (10)	Unassisted	1-0
2	1	27:09	HOFSTRA	Parrella, Alyssa (36)	Unassisted	1-1
3	1	25:48	HOFSTRA	Whelan, Katie (17)	Unassisted	1-2
4	1	20:34	HOFSTRA	Parrella, Alyssa (37)	Unassisted	1-3
5	1	16:11	HOFSTRA	Parrella, Alyssa (38)	Unassisted	1-4
6	1	11:40	HOFSTRA	Parrella, Alyssa	Unassisted	1-5
7	1	06:10	HOFSTRA	Mattera, Alexa (22)	Langella, Grace (3)	1-6
8	1	02:09	SHUW	Cesario, Cassie (11)	Unassisted	2-6
9	2	25:47	HOFSTRA	Parrella, Alyssa (40)	Unassisted	2-7
10	2	15:50	HOFSTRA	Parrella, Alyssa (41)	Unassisted	2-8
11	2	15:21	HOFSTRA	Mattera, Alexa (23)	Unassisted	2-9
12	2	12:24	HOFSTRA	Parrella, Alyssa (42)	Unassisted	2-10
13	2	11:25	HOFSTRA	Whelan, Katie (18)	Unassisted	2-11
14	2	03:11	SHUW	Werlau, Lydia (11)	Cesario, Cassie (7)	3-11
15	2	02:10	SHUW	Werlau, Lydia (12)	Unassisted	4-11

Penalty Summary:

Prd	Time	Team	Player	Offense
1	13:07	HOFSTRA	TEAM	GREEN CARD
1	03:14	SHUW	Holder, Nicole	YELLOW CARD
2	27:23	SHUW	Small, Elizabeth	YELLOW CARD
2	05:17	SHUW	Sweeney, Taylor	YELLOW CARD
2	04:36	HOFSTRA	Faith, Camryn	YELLOW CARD

Hofstra vs. Sacred Heart University
Official Lacrosse Play-By-Play - Period 1



Sacred Heart vs Hofstra (3/23/2019 at Hempstead, New York)

Time	Play
30:00	Hecht, Shana at goalie for SHUW.
30:00	Smith, Jess at goalie for HOFSTRA.
	Draw control by HOFSTRA Mattera, Alexa.
28:58	Turnover by HOFSTRA Whelan, Katie (caused by McElhenny, Claire).
28:36	Clear attempt by SHUW good.
28:19	Shot by SHUW Werlau, Lydia HIGH.
27:48	GOAL by SHUW Werlau, Lydia (FIRST GOAL), goal number 10 for season.
	Draw control by HOFSTRA Smith, Darcie.
27:09	GOAL by HOFSTRA Parrella, Alyssa, goal number 36 for season.
	Draw control by HOFSTRA Smith, Darcie.
26:33	Shot by HOFSTRA Mattera, Alexa, SAVE Hecht, Shana.
26:25	Clear attempt by SHUW failed.
26:23	Turnover by SHUW Hecht, Shana (caused by Parrella, Alyssa).
26:15	Ground ball pickup by HOFSTRA Parrella, Alyssa.
25:48	GOAL by HOFSTRA Whelan, Katie, goal number 17 for season.
	Draw control by SHUW Heady, Danielle.
25:07	Ground ball pickup by HOFSTRA Smith, Jess.
25:05	Clear attempt by HOFSTRA failed.
25:03	Turnover by SHUW Daley, Mariah.
24:47	Turnover by HOFSTRA Boyle, Shannon.
24:36	Clear attempt by SHUW good.
	Foul on HOFSTRA.
24:00	Turnover by SHUW Werlau, Lydia.
23:45	Clear attempt by HOFSTRA good.
23:42	Shot by HOFSTRA Whelan, Katie, SAVE Hecht, Shana.
23:37	Ground ball pickup by HOFSTRA DeAngelo, Alyssa.
23:28	Clear attempt by SHUW good.
	Foul on HOFSTRA.
22:21	Shot by SHUW Werlau, Lydia HIGH.
22:12	Turnover by SHUW Wise, Hanna (caused by Smith, Darcie).
22:07	Ground ball pickup by HOFSTRA Kaufmann, Anna.
21:58	Clear attempt by HOFSTRA good.
	Foul on SHUW.
21:36	Free position attempt for HOFSTRA.
21:36	Shot by HOFSTRA Mattera, Alexa, SAVE Hecht, Shana {free position shot}.
21:26	Clear attempt by SHUW good.
21:23	Turnover by SHUW Hecht, Shana.
21:13	Ground ball pickup by HOFSTRA Smith, Darcie.
20:56	Shot by HOFSTRA Parrella, Alyssa WIDE.
20:34	GOAL by HOFSTRA Parrella, Alyssa, goal number 37 for season.
	Draw control by HOFSTRA Smith, Darcie.
20:03	Shot by HOFSTRA Mattera, Alexa, SAVE Hecht, Shana.
19:48	Clear attempt by SHUW good.
	Foul on HOFSTRA.
19:22	Turnover by SHUW Cesario, Cassie (caused by Boyle, Shannon).
19:18	Ground ball pickup by HOFSTRA Gatti, Jackie.
19:09	Clear attempt by HOFSTRA good.
18:45	Shot by HOFSTRA Parrella, Alyssa WIDE.
18:25	Shot by HOFSTRA Esposito, Arianna WIDE.
	Foul on SHUW.
17:58	Free position attempt for HOFSTRA.
17:43	Shot clock violation by HOFSTRA.
17:19	Clear attempt by SHUW good.
17:00	Turnover by SHUW Speicher, Carrie.
16:46	Clear attempt by HOFSTRA good.
16:11	GOAL by HOFSTRA Parrella, Alyssa, goal number 38 for season.
16:11	Timeout by SHUW.
	Draw control by HOFSTRA Smith, Darcie.
14:38	Turnover by HOFSTRA Parrella, Alyssa.
	Foul on HOFSTRA.
14:18	Clear attempt by SHUW good.
	Foul on HOFSTRA.
13:09	Free position attempt for SHUW.
	Green card on HOFSTRA TEAM.
13:07	Shot by SHUW Speicher, Carrie, SAVE Smith, Jess.
12:27	Clear attempt by HOFSTRA good.
	Foul on SHUW.
11:40	Free position attempt for HOFSTRA.
11:40	GOAL by HOFSTRA Parrella, Alyssa (FPGOAL) {free position shot}.

Time	Play
	Draw control by HOFSTRA Smith, Darcie.
10:06	Shot clock violation by HOFSTRA.
09:35	Clear attempt by SHUW good.
	Foul on HOFSTRA.
08:48	Shot by SHUW Wise, Hanna WIDE.
08:30	Clear attempt by HOFSTRA good.
07:48	Shot by HOFSTRA Parrella, Alyssa HIT POST.
07:43	Ground ball pickup by HOFSTRA Esposito, Arianna.
07:26	Turnover by HOFSTRA Langella, Grace.
07:22	Ground ball pickup by SHUW Small, Elizabeth.
06:53	Clear attempt by SHUW failed.
06:49	Turnover by SHUW Wax, Caroline (caused by Mattera, Alexa).
06:40	Ground ball pickup by HOFSTRA Mattera, Alexa.
06:10	GOAL by HOFSTRA Mattera, Alexa, Assist by Langella, Grace, goal number 22 for season.
	Draw control by SHUW Ericson, Sydney.
05:16	Shot by SHUW Holder, Nicole, SAVE Smith, Jess.
05:04	Clear attempt by HOFSTRA failed.
05:01	Turnover by HOFSTRA Smith, Jess.
04:19	Shot by SHUW Werlau, Lydia, SAVE Smith, Jess.
04:06	Clear attempt by HOFSTRA good.
03:50	Turnover by HOFSTRA Whelan, Katie.
03:30	Clear attempt by SHUW failed.
03:27	Turnover by SHUW Holder, Nicole (caused by Parrella, Alyssa).
03:20	Ground ball pickup by HOFSTRA Mattera, Alexa.
	Yellow card on SHUW Holder, Nicole.
03:17	Clear attempt by HOFSTRA good.
03:13	Turnover by HOFSTRA Parrella, Alyssa.
02:45	Clear attempt by SHUW good.
02:09	GOAL by SHUW Cesario, Cassie, goal number 11 for season.
	Draw control by HOFSTRA Smith, Darcie.
01:29	Turnover by HOFSTRA Gerety, Mary Kate.
01:25	Ground ball pickup by SHUW Sweeney, Taylor.
01:19	Clear attempt by SHUW good.
00:45	Clear attempt by HOFSTRA good.
00:49	Clear attempt by HOFSTRA good.
00:39	Turnover by SHUW Wax, Caroline (caused by Boyle, Shannon).
00:27	Ground ball pickup by HOFSTRA Boyle, Shannon.
00:24	Clear attempt by HOFSTRA good.
00:22	Shot by HOFSTRA Esposito, Arianna, SAVE Hecht, Shana.
00:24	Timeout by HOFSTRA.
00:01	Shot by HOFSTRA Mattera, Alexa WIDE.
00:00	End-of-period.

Hofstra vs. Sacred Heart University
Official Lacrosse Play-By-Play - Period 2



Sacred Heart vs Hofstra (3/23/2019 at Hempstead, New York)

Time	Play
30:00	Draw control by HOFSTRA Smith, Darcie.
29:06	Turnover by HOFSTRA Whelan, Katie (caused by McElhenny, Claire).
29:03	Ground ball pickup by SHUW Hecht, Shana.
28:44	Clear attempt by SHUW good.
28:26	Shot by SHUW Ericson, Sydney, SAVE Smith, Jess.
28:17	Clear attempt by HOFSTRA failed.
28:03	Clear attempt by HOFSTRA good.
27:42	Shot by HOFSTRA Parrella, Alyssa HIGH.
	Yellow card on SHUW Small, Elizabeth.
27:20	Free position attempt for HOFSTRA.
27:19	Shot by HOFSTRA Parrella, Alyssa, SAVE Hecht, Shana {free position shot}.
26:59	Clear attempt by SHUW failed.
26:57	Turnover by SHUW McElhenny, Claire.
26:55	Ground ball pickup by HOFSTRA Mattera, Alexa.
25:57	Shot by HOFSTRA Boyle, Shannon WIDE.
25:50	Ground ball pickup by HOFSTRA Mattera, Alexa.
	Foul on SHUW.
25:46	Free position attempt for HOFSTRA.
25:47	GOAL by HOFSTRA Parrella, Alyssa (MAN-UP) (FPGOAL) {free position shot}, goal number 40 for season.
	Draw control by HOFSTRA Smith, Darcie.
25:28	Clear attempt by HOFSTRA failed.
25:25	Turnover by HOFSTRA Esposito, Arianna (caused by Werlau, Lydia).
25:17	Ground ball pickup by SHUW Werlau, Lydia.
25:15	Clear attempt by SHUW good.
	Foul on HOFSTRA.
24:51	Free position attempt for SHUW.
24:51	Shot by SHUW Werlau, Lydia, SAVE Smith, Jess {free position shot}.
24:43	Ground ball pickup by HOFSTRA Tierney, Erin.
24:29	Clear attempt by HOFSTRA good.
	Foul on SHUW.
	Foul on SHUW.
23:10	Turnover by HOFSTRA Parrella, Alyssa.
23:00	Clear attempt by SHUW good.
	Foul on HOFSTRA.
22:43	Free position attempt for SHUW.
22:43	Shot by SHUW Wise, Hanna, SAVE Smith, Jess {free position shot}.
22:26	Clear attempt by HOFSTRA good.
22:09	Shot by HOFSTRA Demek, Erin, SAVE Hecht, Shana.
22:00	Clear attempt by SHUW good.
20:34	Clear attempt by HOFSTRA good.
20:15	Shot by SHUW Wax, Caroline, SAVE Smith, Jess.
20:07	Turnover by HOFSTRA Parrella, Alyssa.
19:36	Clear attempt by SHUW good.
18:38	Shot by SHUW Werlau, Lydia, SAVE Smith, Jess.
18:29	Clear attempt by HOFSTRA good.
17:55	Shot by HOFSTRA Parrella, Alyssa, SAVE Hecht, Shana.
17:35	Clear attempt by SHUW good.
	Foul on HOFSTRA.
16:23	Shot clock violation by SHUW.
16:00	Clear attempt by HOFSTRA good.
15:50	GOAL by HOFSTRA Parrella, Alyssa, goal number 41 for season.
	Draw control by HOFSTRA Smith, Darcie.
15:21	GOAL by HOFSTRA Mattera, Alexa, goal number 23 for season.
15:21	Timeout by SHUW.
	Draw control by HOFSTRA Smith, Darcie.
13:59	Shot by HOFSTRA Mattera, Alexa WIDE.
13:46	Shot clock violation by HOFSTRA.
13:29	Clear attempt by SHUW good.
13:05	Turnover by SHUW Metzler, Kerri.
12:56	Clear attempt by HOFSTRA good.
	Foul on SHUW.
12:24	Free position attempt for HOFSTRA.
12:24	GOAL by HOFSTRA Parrella, Alyssa (FPGOAL) {free position shot}, goal number 42 for season.
	Draw control by HOFSTRA Smith, Darcie.
11:50	Guarascio, Sara at goalie for HOFSTRA.
11:25	GOAL by HOFSTRA Whelan, Katie, goal number 18 for season.
	Draw control by SHUW Finn, Anna.
10:52	Turnover by SHUW Finn, Anna (caused by Smith, Darcie).

Time	Play
10:46	Ground ball pickup by HOFSTRA Smith, Darcie.
10:44	Clear attempt by HOFSTRA good.
10:12	Turnover by HOFSTRA Parrella, Alyssa.
10:06	Ground ball pickup by SHUW Hannon, Casey.
09:52	Clear attempt by SHUW failed.
09:41	Turnover by SHUW Millard, Olivia (caused by Mattera, Alexa).
09:35	Ground ball pickup by HOFSTRA Kaufmann, Anna.
09:29	Clear attempt by HOFSTRA good.
09:02	Shot by HOFSTRA Demek, Erin, SAVE Hecht, Shana. Foul on HOFSTRA.
08:40	Clear attempt by SHUW good.
08:17	Turnover by SHUW Wise, Hanna (caused by Gatti, Jackie).
08:14	Ground ball pickup by HOFSTRA Gatti, Jackie.
08:12	Clear attempt by HOFSTRA good.
07:35	Ground ball pickup by SHUW Hecht, Shana.
07:15	Clear attempt by SHUW failed.
07:03	Turnover by SHUW Holder, Nicole.
07:00	Ground ball pickup by HOFSTRA Smith, Darcie.
06:58	Clear attempt by HOFSTRA failed.
06:51	Turnover by HOFSTRA Kaufmann, Anna.
06:40	Turnover by SHUW Wax, Caroline (caused by Tierney, Erin).
06:36	Ground ball pickup by HOFSTRA Tierney, Erin.
06:34	Clear attempt by HOFSTRA good.
05:47	Shot by HOFSTRA Whelan, Katie BLOCKED.
05:36	Shot by HOFSTRA Langella, Grace, SAVE Hecht, Shana.
05:34	Ground ball pickup by SHUW Hannon, Casey.
05:23	Clear attempt by SHUW failed.
05:21	Turnover by SHUW Sweeney, Taylor (caused by Mattera, Alexa).
	Yellow card on SHUW Sweeney, Taylor.
05:17	Ground ball pickup by HOFSTRA Mattera, Alexa.
05:17	Timeout by HOFSTRA.
04:55	Shot by HOFSTRA Faith, Camryn WIDE.
04:50	Ground ball pickup by HOFSTRA Gerety, Mary Kate. Yellow card on HOFSTRA Faith, Camryn.
04:23	Clear attempt by SHUW good.
03:11	GOAL by SHUW Werlau, Lydia (MAN-UP), Assist by Cesario, Cassie, goal number 11 for season.
	Draw control by SHUW Sweeney, Taylor.
02:45	Shot by SHUW Wise, Hanna WIDE.
02:10	GOAL by SHUW Werlau, Lydia, goal number 12 for season.
	Draw control by HOFSTRA Smith, Darcie.
01:25	Shot by HOFSTRA Esposito, Arianna, SAVE Hecht, Shana.
01:08	Clear attempt by SHUW good.
00:34	Turnover by SHUW Werlau, Lydia (caused by Smith, Darcie).
00:29	Ground ball pickup by HOFSTRA Smith, Darcie.
00:28	Clear attempt by HOFSTRA good. Foul on SHUW.
00:00	End-of-period.